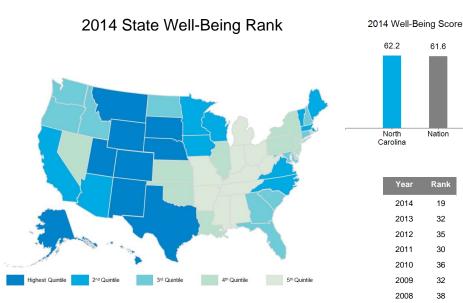


STATE OF

WELL-BEING



#### 61.6 Rank Highest Well-Being Communities Rank Lowest Well-Being Communities Rank North Carolina Communities North Port-Sarasota-Bradenton, FL Cincinnati, OH-KY-IN Raleigh, NC 91 Urban Honolulu, HI Detroit-Warren-Dearborn, MI Winston-Salem, NC 92 Charlotte-Concord-Gastonia, NC-Raleigh, NC 93 Columbus, OH SC Nation Oxnard-Thousand Oaks-Ventura, Scranton--Wilkes-Barre--Hazleton 94 Greensboro-High Point, NC PA CA Deltona-Daytona Beach-Ormond Virginia Beach-Norfolk-Newport El Paso, TX 95 Beach, FL News, VA-NC Rank Austin-Round Rock, TX Indianapolis-Carmel-Anderson, IN 19 Provo-Orem, UT 97 Dayton, OH 32 35 San Jose-Sunnyvale-Santa Clara, Knoxville, TN 98 30 Washington-Arlington-Alexandria, Toledo, OH 99 36 DC-VA-MD-WV 32 Youngstown-Warren-Boardman Winston-Salem, NC OH-PĂ 38

Rankings are based on the 100 largest U.S. communities, by population size (U.S. Census data, 2013).

#### 2014 Well-Being Element Rankings

# Gallup-Healthways Well-Being Index™: The World's Largest and Preeminent Source For Well-Being Data

With more than 2.1 million surveys, the Well-Being Index is a definitive measure and empirical database of real-time changes in well-being throughout the world, providing insights needed to improve health, increase productivity, and lower healthcare costs.

The analysis contained in this report contains state- and communitylevel data on Americans' perceptions of their well-being, across the 5 elements of well-being: sense of purpose, social relationships, financial security, relationship to community, and physical health.

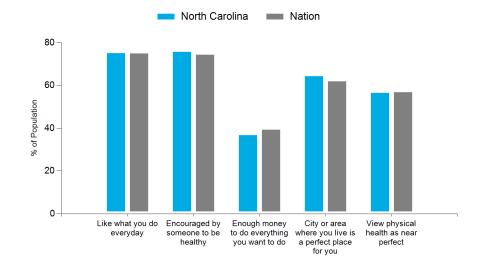
Business, healthcare, community, and government leaders leverage Well-Being Index data to improve well-being within their communities and to inform and prioritize tangible policies to help their populations thrive and grow – confirming that investments in well-being interventions can have measurable and substantive impact on both performance and costs.

To access the full report, the State of American Well-Being: 2014 State Rankings, please visit http://www.well-beingindex.com/subscribe

## North Carolina Well-Being

Rank
13
8
41
18
24

#### 2014 Key Metrics of Well-Being



## 2014 Community Well-Being Rankings

