

# Connecticut Well-Being

#### 2014 State Well-Being Rank 2014 Well-Being Score 61.6 Nation Connecticut Rank 24 2014 2013 31 2012 16 2011 19 2010 9 4th Quintile 5th Quintile 2009 20 2008 18

# $\mathsf{Gallup} \cdot \mathsf{Healthways}$ Well-Being Index®

### 2014 Community Well-Being Rankings

Rank Highest Well-Being Communities	Rank	Lowest Well-Being Communities	Rank	Connecticut Communities
1 North Port-Sarasota-Bradenton, FL	91	Cincinnati, OH-KY-IN	36	Bridgeport-Stamford-Norwalk, CT
2 Urban Honolulu, HI	92	Detroit-Warren-Dearborn, MI	37	Hartford-West Hartford-East Hartford, CT
3 Raleigh, NC	93	Columbus, OH	48	New Haven-Milford, CT
Oxnard-Thousand Oaks-Ventura, CA	94	ScrantonWilkes-BarreHazleton, PA	87	Worcester, MA-CT
5 El Paso, TX	95	Deltona-Daytona Beach-Ormond Beach, FL		
6 Austin-Round Rock, TX	96	Indianapolis-Carmel-Anderson, IN		
7 Provo-Orem, UT	97	Dayton, OH		
8 San Jose-Sunnyvale-Santa Clara, CA	98	Knoxville, TN		
Washington-Arlington-Alexandria, DC-VA-MD-WV	99	Toledo, OH		
10 Winston-Salem, NC	100	Youngstown-Warren-Boardman, OH-PA		
Rankings are based on the 100 largest U.S. communities, by population size (U.S. Census data, 2013).				

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## 2014 Well-Being Element Rankings

#### Gallup-Healthways Well-Being Index™: The World's Largest and **Preeminent Source For Well-Being Data**

With more than 2.1 million surveys, the Well-Being Index is a definitive measure and empirical database of real-time changes in well-being throughout the world, providing insights needed to improve health, increase productivity, and lower healthcare costs.

The analysis contained in this report contains state- and communitylevel data on Americans' perceptions of their well-being, across the 5 elements of well-being: sense of purpose, social relationships, financial security, relationship to community, and physical health.

Business, healthcare, community, and government leaders leverage Well-Being Index data to improve well-being within their communities and to inform and prioritize tangible policies to help their populations thrive and grow - confirming that investments in well-being interventions can have measurable and substantive impact on both performance and costs.

### Connecticut Well-Being

Element	Rank
Purpose	37
Social	21
Financial	20
Community	40
Physical	4

#### To access the full report, the State of American Well-Being: 2014 State Rankings, please visit http://www.well-beingindex.com/subscribe

## 2014 Key Metrics of Well-Being

