

California Well-Being

2014 State Well-Being Rank 2014 Well-Being Score 61.6 California Nation Rank 12 2014 2013 17 2012 18 2011 18 2010 18 4th Quintile 5th Quintile 2009 21 2008 9

Gallup · Healthways Well-Being Index*

2014 Community Well-Being Rankings

Rank Highest Well-Being Communities	Rank	Lowest Well-Being Communities	Rank	California Communities
1 North Port-Sarasota-Bradenton, FL	91	Cincinnati, OH-KY-IN	4	Oxnard-Thousand Oaks-Ventura, CA
2 Urban Honolulu, HI	92	Detroit-Warren-Dearborn, MI	8	San Jose-Sunnyvale-Santa Clara, CA
3 Raleigh, NC	93	Columbus, OH	11	Los Angeles-Long Beach-Anaheim, CA
Oxnard-Thousand Oaks-Ventura, CA	94	ScrantonWilkes-BarreHazleton, PA	12	San Francisco-Oakland-Hayward, CA
5 El Paso, TX	95	Deltona-Daytona Beach-Ormond Beach, FL	16	San Diego-Carlsbad, CA
6 Austin-Round Rock, TX	96	Indianapolis-Carmel-Anderson, IN	30	Stockton-Lodi, CA
7 Provo-Orem, UT	97	Dayton, OH	40	SacramentoRosevilleArden- Arcade, CA
San Jose-Sunnyvale-Santa Clara, CA	98	Knoxville, TN	45	Bakersfield, CA
9 Washington-Arlington-Alexandria, DC-VA-MD-WV	99	Toledo, OH	46	Fresno, CA
10 Winston-Salem, NC	100	Youngstown-Warren-Boardman, OH-PA	57	Riverside-San Bernardino-Ontario, CA

Rankings are based on the 100 largest U.S. communities, by population size (U.S. Census data, 2013).

2014 Well-Being Element Rankings

Gallup-Healthways Well-Being Index™: The World's Largest and Preeminent Source For Well-Being Data

With more than 2.1 million surveys, the Well-Being Index is a definitive measure and empirical database of real-time changes in well-being throughout the world, providing insights needed to improve health, increase productivity, and lower healthcare costs.

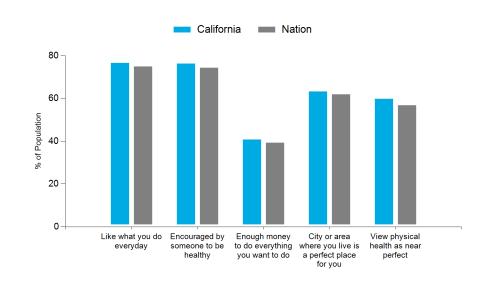
The analysis contained in this report contains state- and community-level data on Americans' perceptions of their well-being, across the 5 elements of well-being: sense of purpose, social relationships, financial security, relationship to community, and physical health.

Business, healthcare, community, and government leaders leverage Well-Being Index data to improve well-being within their communities and to inform and prioritize tangible policies to help their populations thrive and grow – confirming that investments in well-being interventions can have measurable and substantive impact on both performance and costs.

California Well-Being

Element	Rank
Purpose	14
Social	14
Financial	25
Community	30
Physical	3

2014 Key Metrics of Well-Being



To access the full report, the State of American Well-Being: 2014 State Rankings, please visit http://www.well-beingindex.com/subscribe